



Pendeloque Tutorial



You will need:

- 2 pieces of stitched linen (4 sides + bottom piece)
- some matching beads & charm (optional)
- some stuffing

Step 1 : getting ready



Iron your stitched linen (on the back of the work).
Allow an extra ½ inch (1cm) around all the sides of the stitched designs to allow for the seams.

Step 2 : putting it together.



Pinch the fabric over the backstitched line and, using the biscornu method*, start stitching together 2 of the long sides of the pendeloque. You can add beads if you wish (1 every 4 stitches). Work your way upwards towards the pointy tip.
When finished, stop your seam, tuck & cut the remaining thread.



Start a new seam where you started the previous one, but work your way downwards, this time. Go over the single backstitch line to hide it. Carry on, and stitch together the small section at the bottom of the pendeloque.

Repeat this twice more, so that you end up with a cupped shape, still open all the way down the length.

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Attach your charm (optional) to the centre of the bottom square. Fold back the excess fabric and stitch it in place as shown on the pictures.



To close-up the pendeloque, start with the pointy tip, and work your way towards the bottom piece. When you're about half-way down, stuff the pendeloque with **stuffing, rice** (if you wish to weigh it down), or **pot-pourri** (for a lovely scented Christmas tree, for instance). Then finish your seam (adding more stuffing just before the end if necessary).

Step 3 : adding the finishing touches.



Go back to the top of the pendeloque to add a **beaded hoop** to hang it up. Use polyester thread (or synthetic beading thread) for a more solid finish (stitching cotton tends to fray and get loose over time).

You may prefer to use some **ribbon** (in which case the best way it to leave an opening at the top when stitching the sides, so that you can thread your ribbon from the inside, just before you stuff your pendeloque).

You can stop there... or continue with the next optional step, and add dimples to your pendeloque to give it a more refined look and a rounder shape.

Optional : adding dimples.



With your index finger, press a dimple into one of the lower corners of the pendeloque. With your thumb and



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your middle finger, pinch the fold you've just created. Use the loop method** to start, and stitch the fold in place about ½ inch (1cm) away from the bottom square. Stitch a bead in place, to hide the stitch. Secure and cut your thread. Repeat this another 3 times, to make all 4 dimples.



Your pendeloque is finished.



* the biscornu method

You can use this method for assembling 2 pieces of outlined fabric together. (The stitched pieces must have been outlined with backstitch prior to this.)

You can then stitch each pair of opposite backstitches together as shown on the picture.



** the loop method

You can use this method when you need the start of a seam to be as "invisible" as possible.

Take a longer length of thread than usual, and double it up. Thread your needle so that the loop is at the bottom of your length of thread.

Start your first stitch, turn your fabric over so you're looking at the wrong side, and thread your needle

through the loop to secure it. Pull to tighten (see pictures – note that the photos are showing the **wrong** side of the fabric).